

# Healthy Minds *Conversation* Starter Cards

*Cut out these cards, keep them at the dinner table or bring them out during family time at home to get a conversation started.*

**What would be your  
superpower?**

We're In This Together: COVID-19 | #IHeartAAMC

**Would you rather play  
in the sunshine  
or the snow?**

We're In This Together: COVID-19 | #IHeartAAMC

**What's your favorite  
thing about your  
best friend?**

We're In This Together: COVID-19 | #IHeartAAMC

**How would you  
spend a perfect  
Saturday?**

We're In This Together: COVID-19 | #IHeartAAMC

**Where would you go  
on your dream  
vacation?**

We're In This Together: COVID-19 | #IHeartAAMC

**What new holiday  
would you invent?**

We're In This Together: COVID-19 | #IHeartAAMC

**If you could change  
your name, what  
would it be?**

We're In This Together: COVID-19 | #IHeartAAMC

**If you could speak  
another language,  
what would it be?**

We're In This Together: COVID-19 | #IHeartAAMC

**What would be your  
superpower?**

We're In This Together: COVID-19 | #IHeartAAMC

**Would you rather play  
in the sunshine  
or the snow?**

We're In This Together: COVID-19 | #IHeartAAMC

**What's your favorite  
thing about your  
best friend?**

We're In This Together: COVID-19 | #IHeartAAMC

**How would you  
spend a perfect  
Saturday?**

We're In This Together: COVID-19 | #IHeartAAMC

**Where would you go  
on your dream  
vacation?**

We're In This Together: COVID-19 | #IHeartAAMC

**What new holiday  
would you invent?**

We're In This Together: COVID-19 | #IHeartAAMC

**If you could change  
your name, what  
would it be?**

We're In This Together: COVID-19 | #IHeartAAMC

**If you could speak  
another language,  
what would it be?**

We're In This Together: COVID-19 | #IHeartAAMC

What would you  
do if you were  
**President?**

We're In This Together: COVID-19 | #IHeartAAMC

What book, TV or video  
game character do  
you wish you could  
**meet** in real life?

We're In This Together: COVID-19 | #IHeartAAMC

If you could invent a  
**new flavor** of  
potato chips, what  
would it be?

We're In This Together: COVID-19 | #IHeartAAMC

Would you rather explore  
**outerspace** or the  
bottom of the **ocean?**

We're In This Together: COVID-19 | #IHeartAAMC

What was the  
**kindest** thing  
you did this week?

We're In This Together: COVID-19 | #IHeartAAMC

Who from **history**  
would you want to  
**FaceTime** or text?

We're In This Together: COVID-19 | #IHeartAAMC

What **invention**  
do you think has been  
the most important?

We're In This Together: COVID-19 | #IHeartAAMC

If you could **change**  
**one rule** in a sport you  
play, what would it be?

We're In This Together: COVID-19 | #IHeartAAMC

Who would you  
want to play you in a  
**movie?**

We're In This Together: COVID-19 | #IHeartAAMC

Would you rather  
**win an award**  
for best movie of the year or  
best song of the year?

We're In This Together: COVID-19 | #IHeartAAMC

What's your favorite  
trick to **cheer**  
someone up?

We're In This Together: COVID-19 | #IHeartAAMC

Would you rather spend  
a day on the **beach**  
or on the top of a  
**mountain?**

We're In This Together: COVID-19 | #IHeartAAMC

Name three things you  
have in common with your  
**best friends.**

We're In This Together: COVID-19 | #IHeartAAMC

If you could be any  
**animal**, what would  
you be?

We're In This Together: COVID-19 | #IHeartAAMC

If you could only  
**eat one thing**  
for a year, what  
would it be?

We're In This Together: COVID-19 | #IHeartAAMC

What **family**  
**member** do you  
think you are most like?

We're In This Together: COVID-19 | #IHeartAAMC

# Create Your Own

Use these blank cards to write your own conversation starter questions.

